



# YARNS

## ABOUT SAILING CENTER CHESAPEAKE:

High School Sailing in Southern Maryland was started in 1999 by Stovy Brown with the help of the Southern Maryland Sailing Association. The creation of the Sailing Center Chesapeake followed in 2009 acting as a facilitator for local high school sailing teams, allowing students from high schools throughout Southern Maryland to sail in Varsity and JV events. *Sailing Center Chesapeake is a non-profit organization, supported by the [Southern Maryland Sailing Foundation 501\(c\)3](#) which provides for most of the high-capital equipment involved in sailing. It currently operates out of the Tall Timbers Marina due to the kind patronage of the marina owners. We believe strongly in providing youth in our community with the opportunity to interact with and experience the waterways that surround their home. For those interested in High School Sailing, send us an email at [sailingcenterchesapeake@gmail.com](mailto:sailingcenterchesapeake@gmail.com). **Sailing Center Chesapeake's success is a direct result of our volunteers' tireless efforts and hours of hard work, thank you all! Donations to our program are always needed and appreciated, please see the last page for how to donate and help keep Southern Maryland's youth on the water!***

## CURRENT CONDITIONS:

### FALL HIGH SCHOOL SAILING IS UNDERWAY!

On August 22, Sailing Center Chesapeake hosted the Fall 2016 Team Open House. The event was well attended by our veteran sailors as well as new sailors and their families. Our experienced SCC sailors made this event a success by taking prospective team members out for a sail on the team Club FJ's and answering the many questions that accompany a teen's first sail. Afterwards, the team and guests enjoyed grilled hot dogs and snacks. A big WELCOME ABOARD to our new teammates, we have 22 families with 24 sailors making up the Leonardtown and Great Mills High School teams this year!

Fall's 1st regatta was a JV Regatta at Kent Island Sep 11. A moment of silence was observed before the Skipper's Meeting to remember the victims of the 9/11 attack. The wind was challenging at 22+ knots, with sailors launching off the docks as if in catapults! Leonardtown finished in #2 and Great Mills in #6 spot of 10 teams. Great turnout and we all enjoyed the beautiful Kent Island location.



Coach Josh, Dan, Olivia, Juli & Lucy at first regatta of Fall 2016 at Kent Island. Photo by Erin Ludwig

## SUMMER 2016 IN REVIEW:

SCC held 2 teen sailing camps over the summer under the direction of Coach Josh, our U.S. Sailing Level I Certified Instructor. These camps provide basic sailing knowledge and seamanship in both classroom and on the water environments, and provide a great foundation of skills for youth interested in high school team sailing.

July's Glowstick Regatta was a fun social & sailing event as always, with a great turnout by our sailors!



SCC Sailors ready for annual Glowstick Regatta

Several of SCC's youth sailors were spotted over the summer in the off season, participating in SMSA's Thursday Night Small Boat Races, keeping those skills sharp and taking advantage of the opportunity to socialize with other sailors of all ages.



Loch (Great Mills) & Sam (SCC 2016 graduate) rigging a 420 for SMSA Thursday Night Races over the summer. Photo by Erin Ludwig



Finn, Tyler, Loch, Brandon & Dan excited about the intense wind conditions at Kent Island!  
Photo by Erin Ludwig

## UPCOMING EVENTS:

### SEPTEMBER:

- 9/24 Saturday Varsity Regatta @ SCC -done!
- 9/25 Sunday JV Regatta @ BCSC - done!

### OCTOBER:

- 10/1 Saturday JV Regatta @ DC Sail
- 10/2 Sunday Varsity Regatta @ Sts. Peter & Paul
- 10/2 Sunday JV Regatta @ NERYC
- 10/8 Saturday JV Regatta @ SCC
- 10/15 Saturday SCC Potluck 1800 @ SMSA (tentative)
  
- 10/16 Sunday JV Regatta @ St. Mary's Ryken
- 10/22 Saturday Women's Open Regatta @ Gunston  
Combined JV & Varsity Women's Team
- 10/23 Sunday JV Regatta @ Sts. Peter & Paul
- 10/29 Saturday JV Championships @ SCC

\*\*\* It is important we have All Hands on Deck for events hosted @SCC!

### NOVEMBER:

- 11/4 Last week of practice should be the week ending Nov 4, and will involve all sailors winterizing the boats and other tasks necessary for the season's end.
- 11/12 Awards Ceremony 1700 @ SMSA (tentative)

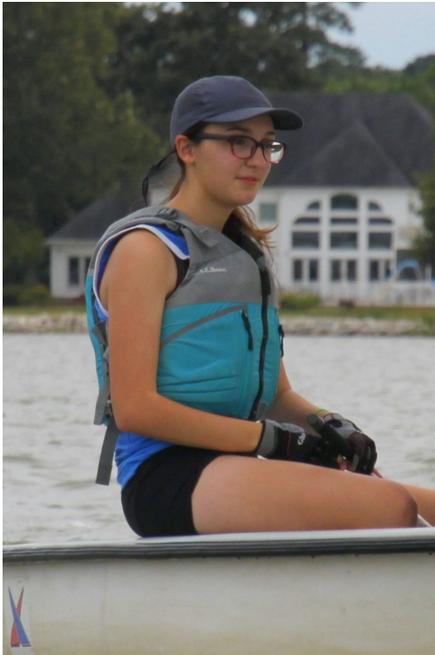
## TENDING THE LINES:

On occasion sailors will be tasked with special work days that can involve anything from regular maintenance tasks to emergency prep for storms. It is important that SCC has 100% participation for these events. These items are crucial to protecting our investments and every sailor should feel a responsibility to treat SCC's resources as their own. These skills and work ethic will serve our sailors throughout their life, long after they have left the team environment!

## SAILOR SOUND OFF:

**JULI BENNETT** was asked how competitive youth sailing has made a difference in her life...

*"Competitive youth sailing has made a difference in my life by showing me what it feels like to be passionate about a sport. It has also allowed me to meet so many new people who are now some of my best friends in the whole world. Also, going to regattas allows me to get comfortable in environments where there is pressure put on you, which I think will serve me well in the future. Overall though, it has brought me so much joy and I'm so glad I became a part of it."*



Juli Bennett, Leonardtown H.S. Photo by Jana Rutkowski.

## SAILING TRIVIA:

The wind you feel on the boat while sailing is known as what?

1. True
2. False
3. Apparent
4. Refreshing

(answer on last page)

## SPOTLIGHT ON:

**COACH JOSH MORRISON** was asked how he first became involved in sailing, and why he chose to become a youth sailing instructor...

*"I first started sailing at an SMSA summer camp in 2009, the summer before I entered high school. In the fall, I heard from a friend that there was a competitive homeschool sailing team in the area, and since I was not involved in any other athletic activity, I decided to give it a try. As you can probably guess, this program was the Sailing Center Chesapeake. Although I only sailed the fall season of my freshman year, I returned in fall 2010 and sailed straight through until my high school graduation in spring 2013. During my time in high school, the Sailing Center Chesapeake was an important part of my life. I was beginning to learn that sailing would become a lifelong passion, and SCC was what allowed that to happen. Since the fall of 2015, I have been living locally, and have been very glad to have the opportunity to give back to the organization that has given me so much through the years."*



Coach Josh Morrison. Photo by Jana Rutkowski

## MEET A PARENT:

**CAROL BENNETT**, aka SCC "Lead Snacktician" has this to say about her experiences with SCC...

*"Having never been on a sailboat until she joined SCC, Juli has found a true passion and love, and I am so thankful for that. In the end, every parent wants their child to be in a place where they are treated fairly and with kindness. As for me, I have always felt it important to give back in any small way you can, so running the snack table is this very small way. Also, having come here as a Navy retiree spouse, and always having found it hard to fit in here in southern Maryland, I am truly thankful for the good and kind people I have met through sailing, who I can truly call friends."*

***Much thanks for all you do, Carol!***

## FROM THE COACH'S "BAG OF TRICKS"...

**WE ALL SEE THE CONTINUAL IMPROVEMENT IN OUR KIDS' SAILING SKILLS AND CONFIDENCE, BUT HOW DOES THE COACH TEACH SO MANY SAILORS OF DIFFERING EXPERIENCE LEVELS AT THE SAME TIME? THE ANSWER WILL AMUSE YOU, BUT MAKES PERFECT SENSE...**

*"Basically, our team meetings are- imagine we take a phone book and just tear it into little tiny pieces, and then we throw all these pieces at the kids like confetti. But they also have a small sword, and they stab into the pile of confetti as it's fluttering down, and they come out with a couple of pieces stabbed onto the sword. But if we just collect up the pile of pieces after every practice and throw out the same pile every time, eventually by process of elimination all the kids manage to stab every little piece of confetti, and that's how these team meetings work." - Coach Josh*

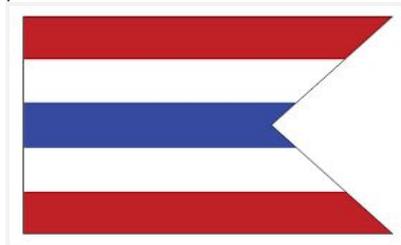
## SAILING GEAR FOR SALE/SWAP:

FREE: XL Shorty Wetsuit (Ludwigs)

Contact Erin Ludwig at [emurphyludwig@gmail.com](mailto:emurphyludwig@gmail.com) if you have any sailor gear to list in the next issue!

## PARENT CORNER:

Great effort from all SCC parents in getting our team sailors to practices and regattas, we all know it isn't easy! Without all of you volunteering to carpool, adjusting your schedules, selling t-shirts, snacks, making pot luck dishes, keeping track of all that sailing gear, keeping the sailors' homework on track and the many other things you do, none of this is possible!



## RECRUITING CORNER:

Sailors & Parents, **YOU** are our best resource! If you know someone interested in high school sailing - you are on deck! Share our website, Facebook page, summer program info for newbies, and just be the great SCC ambassadors that you are! Remember that Middle School age is a great time to recruit, the added time and experience that teens will get starting early will prove a great asset at the Varsity level someday. If you are asked in the off season, tell them about our Summer Sailing Camps where teens can get a head start on the following season. Sailors, don't forget to invite interested friends to any social events we may have throughout the season. Remember that we are inclusive and sailors do not need to come from the Great Mills/Leonardtown schools. Include your homeschooled friends, church family, clubs and other acquaintances from around our area!

## SAILING TRIVIA ANSWER:

The wind you feel on the boat while sailing is known as what?

- 1.True
- 2.False
- 3.Apparent
- 4.Refreshing

*.....although it could be quite refreshing!*

## WAYS TO SUPPORT SCC...

### PURCHASE PHOTOS THROUGH [SMUG MUG](#).

We are fortunate to have Jana Rutkowski out shooting photos of our sailors in action at practices and regattas! Jana uploads her photos and sends out [email links](#) to albums where you can purchase these photos and have the proceeds go to Sailing Center Chesapeake. These make great holiday gifts!

### AMAZON SMILE

Do you shop at Amazon.com? Go through [AmazonSmile](#) EVERY TIME you purchase something, make sure your chosen charity is listed as SCC/SMSF (Southern MD Sailing Foundation) and Amazon will donate 0.5% of all your purchases!

## CONTACT US:

EMAIL: [sailingcenterchesapeake@gmail.com](mailto:sailingcenterchesapeake@gmail.com)

WEBSITE: [sailingcenterchesapeake.org](http://sailingcenterchesapeake.org)

FIND US ON [FACEBOOK](#)!

## PLEASE DONATE!

### CHARITABLE CONTRIBUTIONS

If you, a family member or friend are looking for a way to support youth sailing, please make a donation to the [Southern Maryland Sailing Foundation](#), a 501(C)3 charitable organization supporting Sailing Center Chesapeake and youth sailing in Southern Maryland. Your support is what makes Sailing Center Chesapeake possible!

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