



Sailing Center Chesapeake (SCC) High School Sailing Program

Thank you for your interest in High School Sailing. This program develops competitive high school teams through instruction in racing techniques and varsity / junior varsity interscholastic competition with other high schools in the Maryland and DC areas. It is run through the Sailing Center Chesapeake (SCC) - a non-profit, mostly volunteer-run, community sailing center.

If you are interested in participating:

- ✓ **Print, complete and sign** registration packet (enclosures 1-4).
- ✓ **Pay** by PayPal. Use sailingcenterchesapeake@gmail.com when paying.
- ✓ **Submit** registration forms (enclosures 1 – 4) before the first practice. Look for upcoming registration event on our website or facebook.

Fees:

- High school sailing fees are **\$250** per season. This includes all season and membership fees. Participants must be members of the Sailing Center Chesapeake for insurance purposes.
- Personalized pinnies are available for purchase for \$35 each. These are required for regattas. We have a few available to loan out for regattas but most students order their own.
- All fees are due at the time of registration.

Program details:

1. Weekly practice, three sessions, hosted by SCC:
 - Practice will be held after school Tuesdays, Thursdays and Fridays.
 - Most sessions will be conducted at the Sailing Center Chesapeake at Tall Timbers Marina.
2. Competition in high school interscholastic events / regattas sanctioned by the Maryland DC Interscholastic Sailing Association (MDISA).
 - Students from Patuxent, Leonardtown, Great Mills, and home high schools in Southern Maryland participate in high school sailing at the Sailing Center Chesapeake.
 - Practice sessions are open to students in all Southern Maryland high schools, whether their school has a formal competitive team or not.
 - Local middle school students with previous sailing experience may participate in practice sessions. Occasionally they have the opportunity to compete in junior varsity events however, high school students have first priority.
 - Each season SCC hosts several competitive events on weekend days hosting up to 18 schools.
3. Coaching will be overseen by SCC High School Coordinators and US Sailing certified instructors. Mostly volunteer staff operate SCC.

Clothing Requirements:

- A type 3 PFD (personal floatation device) must be worn at all times while on the water. This includes the dock.
- Shoes or dinghy boots must be worn at all times. Water shoes are best.
- Dry or wet suit **required** whenever air + water temperatures is below 120° or the water temperature is below 60°.
- Sailing gloves are recommended, especially in cold weather.
- Sailors will need to provide their own drinks, sunscreen, PFDs, wet or dry suits, sailing boots, and gloves.

Potluck dinners are held during the season. Parents and siblings are encouraged to attend. Useful information about the high school sailing program and interscholastic sailing competition is always part of these events. A potluck awards dinner is held at the end of the season. See the online calendar for dates, times, and locations.

Parent involvement is crucial to the success of our high school teams. We will need parental help in the areas of fundraising for new equipment, and support at our home regattas.

Thank you,

Sailing Center Chesapeake

SCC HIGH SCHOOL SAILING PROGRAM
REGISTRATION FORMS

Student Information

Name _____ Birth Date _____

School _____ Class of _____

Mailing Address _____

Street Address _____

(If different) _____

If applicable:

Student home phone _____ Student cell phone _____

Student e-mail _____

Sailing experience (if first time applicant): _____

Parent Information

Name _____ Name _____

Address _____ Address _____

(If different from student)

(If different from student)

Phone: Home _____ Phone: Home _____

Work _____ Work _____

Cell _____ Cell _____

Email address _____ Email address _____

Parent's Signature _____ Date _____

AUTHORIZATION TO CONSENT TO TREATMENT OF MINOR

I, the undersigned parent or guardian of _____, a minor, does hereby consent to any emergency X-Ray, medical, or surgical treatment or hospital care which is deemed appropriate by, and is to be rendered under the general or special supervision of any physician or surgeon licensed under the provisions of the Medical Practice Act.

It is understood that this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required, but is given to provide authority and power on the part of the aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his best judgment may deem advisable; and neither said agents or organizations involved assumes any financial responsibility for exercising this action.

This authorization is given pursuant to the provisions of the applicable Civil Code for the State of Maryland.

Family Doctor: _____ Phone: _____

Student Address: _____

City: _____ State: _____ Zip: _____

Mother's Phone (H) _____ (W) _____ (cell) _____

Father's Phone (H) _____ (W) _____ (cell) _____

Persons (if parents can't be reached) to contact in emergency:

1. _____ Relationship _____ Phone _____

2. _____ Relationship _____ Phone _____

Existing medical or learning problems: _____

Known Allergies (e.g. bee stings): _____

Health Insurance Policy Holder: _____

Plan and group number: _____

This authorization to consent to treatment of minor shall remain effective until revoked in writing.

Signature (parent or legal guardian) _____

**Parents Consent
And
Waiver of Liability - Assumption of Risk - Indemnity Agreement**

We, the undersigned parents or legal guardians (hereafter referred to in the singular) of _____ (herein referred to as the "child"), request that the child be allowed to participate in the Sailing Center Chesapeake's High School Sailing Program (herein referred to as "the activities").

This agreement shall remain in effect until Sailing Center Chesapeake receives written notice of the cancellation of the consent, or until the end of the activities described above.

In return for the child being permitted to take part in the activities and to use the facilities and property of Sailing Center Chesapeake, each of us makes the following promises and warrants the truth of the following facts:

1. I am familiar with the programs included in the activities, and I understand officers of Sailing Center Chesapeake are available to discuss the activities if I should wish additional information. I also understand I am solely responsible for the arrival and departure of my child at the beginning and end of each day's program. I will not allow my child to remain on the premises of Sailing Center Chesapeake after each day's program without appropriate supervision or the written permission of Sailing Center Chesapeake. I agree that the Sailing Center Chesapeake will have no responsibility for the supervision of my child at times other than during the scheduled activities. I will inform my child that he/she is expected to cooperate with, and follow the directions of, the persons in charge of the activities and to act in a manner consistent with the spirit of good sportsmanship and respect for the rights of others.
2. My child is in good health, and I know of no reason why he/she would be incapable of participating in the activities. My child knows how to swim or can pass the required swim test. I will immediately notify the designated Sailing Center Chesapeake's High School Program Coordinator, if a change in my child's health or other condition would affect my child's ability to participate in the activities.
3. **WAIVER OF LIABILITY:** I waive and release any right I, my heirs, distributees, guardians, legal representatives and assigns may have or acquire to make a claim against, sue, attach the property of, or prosecute the Sailing Center Chesapeake or any of its members, governors, officers, agents, instructors, and affiliated organizations (herein referred to as "the releasees") for monetary damages caused by injury to my child or damage to the property of my child or myself arising from my child's participation in the activities and use of the facilities and property of the Sailing Center Chesapeake, whether or not the injury or damage results from the negligence or other action, except intentional acts, of any of the releasees.
4. **ASSUMPTION OF RISK:** I am aware that the activities may involve maneuvering a boat, sailboard or other watercraft on deep waters in potentially hazardous conditions which may include, among other things, strong winds and high waves, sudden and unexpected immersion in deep waters and collision with other watercraft or stationary objects such as docks, pilings, and buoys. With knowledge of the dangers involved, I voluntarily ask that my child be allowed to take part in the activities. I ACCEPT ANY AND ALL RISKS TO MYSELF AND MY CHILD OF INJURY, DEATH, AND PROPERTY DAMAGE ARISING FROM PARTICIPATION IN THE ACTIVITIES AND THE USE OF THE FACILITIES AND PROPERTY OF THE SAILING CENTER CHESAPEAKE, WHETHER OR NOT CAUSED BY THE NEGLIGENCE OR OTHER ACTION, EXCEPT INTENTIONAL ACTS, OF ANY OF THE RELEASEES.

SCC HIGH SCHOOL SAILING PROGRAM
REGISTRATION FORMS

5. **INDEMNITY AGREEMENT:** I agree to indemnify and hold the releasees harmless from any loss, liability, damage or costs, including reasonable attorneys fees, they may incur due to my child's participation in the activities and use of the property and facilities of the Sailing Center Chesapeake, whether or not such loss, liability, damage or cost results from the negligence or other action, except intentional acts, of any of the releasees.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THE AGREEMENT INCLUDES A WAIVER OF LIABILITY, AN ASSUMPTION OF RISK, AND AN AGREEMENT BY ME TO INDEMNIFY THE RELEASEES, AND I SIGN IT OF MY OWN FREE WILL.

PARENT or LEGAL GUARDIAN SIGNATURE _____

DATE _____ (Print Name) _____

Photography Release

I _____ grant permission to the Sailing Center Chesapeake to use photographs of me/my child for the purposes of promoting the Sailing Center Chesapeake programs. I understand that the photograph(s) may also be used for slide shows, displays, videos, and other presentations for the purpose of explaining or promoting the mission and opportunities provided by the Sailing Center Chesapeake. Photo selection, cropping, and reproduction will be determined at the Sailing Center Chesapeake's discretion.

Signature of Parent or Guardian

Date

Personal Information Release

I give permission for my name, address, phone number and email address to be made available to other parents of students involved in Sailing Center Chesapeake activities for the purposes of exchanging information, i.e. carpooling, event coordinating etc.

Signature of Parent or Guardian

Date



Sailing Center Chesapeake

STUDENT CODE OF CONDUCT

Please read the following provisions carefully. **Both the student and a parent / guardian are required to sign below.**

To achieve the goal of learning the skills of sailing requires all students to follow these rules:

GENERAL SAFETY

1. A Coast Guard-approved Type 3 personal floatation device (PFD) must be worn, properly secured, at all times when in boats or near the water and at other times as directed.
2. Students must wear clothing appropriate for prevailing weather conditions. Suitable footwear must be worn at all times. Open-toed footwear, e.g. sandals, is not acceptable.
3. No glass containers are allowed in the boats.

A. BEHAVIOR

1. Sportsmanlike conduct is expected at all times, on and off the water. Foul language, disruptive behavior, or disrespectful comments or gestures will not be tolerated. Failure to comply may result in disciplinary action, enforced by the coaches and other SCC volunteers, or dismissal from the program.
2. No running, pushing, or unauthorized swimming is permitted.
3. Piers, ramps, and other equipment are to be used only for their specified purposes.
4. Students will return boats and equipment to proper storage areas as soon as possible upon completion of daily activities. All personal gear and items must be properly stowed, and the dock and launch areas kept clean, neat and free from obstructions.
5. The student will not tamper with, use or borrow equipment or other items that do not belong to him or her. Unauthorized use of another's property constitutes theft.
6. Use of alcohol, drugs, and other banned substances is strictly forbidden.
7. Students are not permitted to use the facilities of the SCC except during the times for organized class, practice or regatta sessions. Presence on marina grounds, outside of these designated times **may be considered trespassing.**

B. RESTRICTED AREAS

1. Designated rooms are to be used for changing clothes only. Restrooms and other areas will be kept clean and neat at all times.
2. Sailors must store their gear in designated areas only.

STUDENT AGREEMENT:

I understand that in joining the high school sailing program, I agree to obey all program rules as set forth by the program staff, that I will use utmost care in the use of boats and equipment, and that I will not engage in any horseplay or disruptive behavior. I understand that failure to attend regularly, arrive promptly, and abide by the rules of this Code of Conduct may result in my suspension or expulsion from the program.

Student's signature _____

Date _____

PARENT OR GUARDIAN AGREEMENT:

I/We understand the contents of this statement and agree to see to it that our child adheres to the program rules. I/We agree to assume the obligation for the expenses of repair and/or replacement of SCC equipment that is attributable to my child's reckless or irresponsible behavior. I/We agree to make an appointment for a parent-instructor conference, if requested.

Parent/Guardian Signature _____

Date _____